

Lehi Community Council Newsletter

Empowerment Asset #9

Service to Others

Goal: To help your children learn to serve:

- 1) *Be a role model for your children by serving others.*
- 2) *Set aside two hours one weekend for serving others as a family. (Examples: Pick up litter in the park, volunteer at a soup kitchen or shelter).*
- 3) *Brainstorm 10 or more ways your family can serve others. Vote on one or two, pick a date, and do it. Afterward, talk about your experience.*
- 4) *Together with your child, help a neighbor. (Examples: Mow lawns, pick weeds)*
- 5) *Talk to your children about the benefits of helping others. Benefits include personal satisfaction, learning to get along better with others, acquiring new skills, coming into contact with many different kinds of people, learning patience, making a difference in the world.*
- 6) *Encourage your children to participate in service activities at school, church or in the community.*

Lehi Aquatics Center opens May 6 at the Lehi Legacy Center. For pricing and schedule call 768-7124.



Women in Business & Wellness Conference

The Lehi Chamber of Commerce is hosting the "Women in Business & Wellness Conference" at Thanksgiving Point on May 19 from 9 a.m. to 1 p.m. The \$30 registration fee (\$35 after May 1), includes lunch and free passes to the Gardens. See the advertisement on page 4 for details on the conference schedule. Please contact Heather Miller for more information at lehichamber@yahoo.com

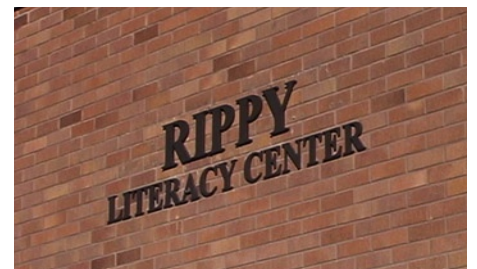
Lehi Literacy Center Prepares for Summer

New basics classes (teaching letters and sounds) start on June 6 and go through Aug. 3. Students must be four years old by the time classes begin.

Summer sessions at the literacy center begin June 13 and end Aug. 3. Picnic in the Park will be Aug. 4. Call today to sign up for free classes in reading, math, basics, emergent readers, English as a Second Language, homework help and computer help.

Volunteer tutors are needed to help our many wonderful students during the summer session. Come and join us in this rewarding effort. We are located in the Lehi Library Building, 120 N. Center St. There is a separate entrance on the Center Street side. Summer reading classes will be at 9, 10 and 11 a.m. Mon. - Thurs.

If you can dedicate at least one hour two days per week, call 407-1025 to volunteer.



Service-Oriented Family Night Activities

1. **Use it or lose it** - Clean out those closets, sheds and garages. Donate any gently used items to Deseret Industries. NOTE: No broken toys or stained clothes.
2. **All tied up** - Tie a quilt for the Center for Women and Children in Crisis (374-9351) or the Children's Justice Center (851-8554).
3. **The whole kit and caboodle** - Make a kit for the LDS Humanitarian Center. For guidelines: www.lds.org/ldsfoundation/welfare or call 801-240-6060 between 8 a.m. and 5 p.m. Mon. - Fri. Donations for the Humanitarian Center can be dropped off at any local Deseret Industries Store if they are properly labeled for the Humanitarian Center.
4. **Get creative** - Pick a service project just right for your family. Go to http://www.unitedwayuc.org/volunteer/vol_opps_lists.htm Click on the service list for families.
5. **Greenwood Elderly Care** need families to perform or share talents with residents. Volunteers can sing, play the piano, put on a drama or musical, or share any other talents they would like to. Anyone can volunteer, but small children need to be accompanied by a parent. Volunteers can come and entertain residents any time during the week. For more information, contact Mary or Jill at 768-3900.
6. **Utah State Hospital** is looking for families to donate gifts, birthday bags or tray favors for hospital patients. Families can donate these items or choose a favorite book or story to share on tape. Families can also put together quilts for patients or volunteer at the hospital by participating in activities such as dances, arts and crafts, theme night and game night. For more information, contact Shawna at 344-4254.



Volunteerism During Retirement Years

Several studies suggest that seniors who volunteer regularly actually live longer and have fewer medical problems.

Sign up now to become a part of the valuable Senior Corps. Here are some of the options available to you locally:

RSVP - Retired and Senior Volunteer Program - variety of opportunities

Foster Grandparent Program - work with children

Senior Companion Program - work with adults

Special Volunteer Program – Homeland Security

Prepare for disasters.

Rippy Literacy Center / Hutchings Museum / Local Schools

Places to sign-up: **1-800-VOLUNTEER**

www.1-800-volunteer.org

1-800-volunteer

1-800-865-8683

Volunteer Match

1-800-424-8867

www.volunteermatch.org

Senior Corps, etc.

www.seniorcorps.org

www.volunteerfriends.org

www.networkforgood.org

Thanksgiving Point is looking for volunteers to help with school field trips to the dinosaur museum. Various dates and times are available.

Volunteers are also needed by the **Children's Discovery Garden Classroom** to assist with Saturday activities.

The activities are held from 10 a.m. to noon. Contact Valerie Pahl for more information. at 768-7426



The Lehi Round Up is approaching and the Civic Improvement Association needs your support – financial and otherwise – to ensure we receive the types of sponsorships that reflect the values of the community. To help, please contact Dave Nerdin at 768-8330. For more details on the Round Up, see page 4.



Lehi Boy Scout District Calendar

-  May 5 Roundtable, Saratoga Springs Stake Center, 7 p.m.
Roundtable Sessions, Saratoga Springs Stake Center, 7:30 p.m.
-  May 7 Scout Expo
-  May 11 New Leader Essentials Training at the Eagle Mountain West Stake Center
-  May 11-12 Cub Scout, Boy Scout, Varsity, and Venturer Basic Training at the Eagle Mountain West Stake Center.
-  May 19 District Commissioner Meeting at the Saratoga Springs Stake Center, 7 p.m.
District Executive Committee Mtg., Saratoga Springs Stake Center, 8:15 p.m.

For more information contact C. Ronald VanLeuven at
LehiScouts@att.net

Lehi High School Information

May 27 is graduation at the Marriott Center in Provo at 4 p.m. The All Night Party follows from 10 p.m. to 5 a.m.

Translate Community Education

Utah State University Extension needs Spanish-speaking volunteers to help translate classroom materials for Spanish-speaking students learning about nutrition, gardening, debt management and other subjects. Training and lesson materials will be provided to volunteers who want to participate. This course will help community members receive proper information and training in the classes. For more information on volunteering, contact Trish at 851-846-, ext. 0.

Mark Your Calendar

Lehi Family Week will be November 20-27 this year. The theme is "Connections Count". Call Jill MacKenzie to volunteer at 472-4744.

More Volunteer Opportunities

Make Super-Hero Outfits

Kids on the Move needs volunteers (groups or individual) to help make kids dress-up clothes. The clothes should be made of light-weight fabric, and patterns are available. For more information, contact Kathy at 221-9930.

Utah Valley Regional Medical Center is looking for volunteers to donate items to its newborn intensive care unit, which is in need of items such as burp cloths, new stuffed animals, receiving blankets, quilts, pre-packaged snacks, bracelets, hankies, coloring books, hand towels, hygiene items, bath kits, sibling kits and holiday packages. Scouts are welcome to make or donate these items to the hospital for an Eagle Scout Project. For more information, contact Lori at 357-7754.

The Utah County Animal Shelter is looking for volunteers to help bathe and groom the animals that are available for adoption, assist with the pet of the week program, make phone contacts and help with animal placement. Volunteers must be interviewed and trained. For more information, contact Jacky Barlow at 851-4080.

To contribute to this newsletter, please contact Linda Turner, 768-1102, lturner@networld.com, or Kelly Wanlass, 766-2362, kelly@wanlass.com. Visit www.lehicity.com for an online copy of this newsletter.

Mark Your Calendars for the “Lehi Round Up Celebration!”

June 20-25 **Lehi Round Up Celebration: “Cruisin’ Through the Country”**

June 17-18 **Men’s Softball Tournament** (For info call Legacy Center 768-7124.)

June 18 **Golf Tournament** @ Tri-City Golf Course. For info call Johnny Revill 768-4076.

June 20 **Family Picnic in the Park** @ Wines Park 6-8 p.m. Bring your picnic lunch, lawn chairs and blankets and enjoy some hometown entertainment. A cool treat will be provided.

June 21 **Baby Contest** @ Legacy Center 10 a.m.
Register the day of the contest \$10.00 fee

10:00 - 11:00	3-6 months
11:15 - 12:15	7-12 months
12:30 - 1:30	13-18 months
1:45 - 2:45	19-24 months
3:00	Winners announced

For info call Cristy Soper 766-8608/Codi Butterfield 768-9342.

Half Price Day @ Lehi Aquatics Center.

Free Concert @ La Villa Salon 6-8 p.m. Sponsored by Osmond Design.

Youth Dance @ Legacy Center 9-11 p.m. Sponsored by the Lehi Longhorn Rodeo Team.

June 22 **Western BBQ** @ Wines Park 5-7 p.m. Cost is \$3.00 per person. Live music will be provided.

Cowboy Poetry @ Legacy Center 7:30 p.m.

June 23 **Stock Parade** 6 p.m. Lehi All Horse Parade, beginning at Wines Park and ending at the Rodeo Grounds. To enter this parade contact Peggy Lewis @ 768-9747.

Lehi Round Up Rodeo @ 8 p.m. Family Night, discount tickets available.

June 24 **Lehi’s Famous Miniature Float Parade** 6 p.m. Beginning at Wines Park and ending at the Lehi High School. To enter this parade contact Susan Peterson @ 766-3951.

Lehi Round Up Rodeo @ 8 p.m.

June 25 **5K Race** Register the day of the race. Begins at the Lehi Swimming Pool Pavilion. For info call Ellie Bodily 768-0739.

Chuck Wagon Breakfast @ Wines Park 7-10 a.m. Sponsored by the Lehi High Booster Club. \$3.00 per person.

Mammoth Parade @ 10 a.m. Beginning at Wines Park and ending at the Lehi High School.

Family Fun Day @ Wines Park 11-5 p.m. Food, entertainment, petting zoo, pony rides, big blow-up toys, rock climbing and hands-on kid’s corner.

Horseshoe Tournament @ Lehi Sports Park 2 p.m. Lehi residents only.

Lehi Round Up Rodeo @ 8 p.m. Dirt Dance and Cowboy Autograph session after the Rodeo.

WOMEN in BUSINESS & wellness conference

CONNECTING TO SUCCESS

The Gardens — Thanksgiving Point
Thursday, May 19, 2005
9 am — 1 pm

\$30 (early bird registration by
May 1 — late registration \$35)
Lunch and free passes
to the Gardens included

CONFERENCE SCHEDULE

Judith Rasband
“Cashing In On Dressing Up”
Kathleen Gauge & Lori Giovanni
“101 Ways To Get Into the Door”
Kim Johnson, Marilyn Matis
“Overcoming Adversity” (discussion)
Michelle Kendall
“Making Your Minutes Count”
Matt Townsend
“Communication — The Power to Connect
Heads, Hearts, Hands and Hope”
Talbot’s Fashion Show
“Connect With Color”

For more information contact Heather
Miller at lehichamber@yahoo.com



Utah County Pregnancy Resource Center

801-221-2591

www.pregnancycenter.net

Please help us maintain our Mommy’s Closet by donating infant clothes, crib sheets, cribs, port-a-cribs, bassinets, car seats, strollers and maternity clothes. Throw a baby shower for the center.

We need donations of used cell phones (working, non-working, and parts). They will be turned in for cash to help run the center. We also need .37 cent stamps, small and legal size envelopes, and bottled water.

We are here to help you in any way possible. Please call our offices and we will answer questions, assist you with the baby items that you need, and even just talk with you about your greatest fears.

